



# THIRD-DEGREE BLACK BELT PROFESSOR SCOTT BURR

SCOTT BURR IS A 3RD-DEGREE BLACK BELT PROFESSOR IN GRACIE JIU-JITSU. HE IS THE 1ST PERSON TO EARN THE RANK OF BLACK BELT FROM STEVE MAXWELL, WHO WAS THE 1ST PERSON TO EARN A BLACK BELT FROM RELSON GRACIE. HE RECEIVED HIS PROFESSOR BARS, AS WELL AS HIS 1ST AND 2ND BLACK BELT DEGREES, FROM STEVE MAXWELL; HE RECEIVED HIS 3RD BLACK BELT DEGREE FROM MASTER RICKSON GRACIE. HE IS ALSO A 2ND-DEGREE BLACK BELT IN KODOKAN JUDO AND A 1ST-DEGREE BLACK BELT IN KUK SUL DO.

SCOTT IS A LEVEL 1 GINÁSTICA NATURAL INSTRUCTOR, A MAXWELLSC-CERTIFIED PRO FITNESS TRAINER, AND HOLDS LEVEL 1 AND LEVEL 2 CERTIFICATIONS IN THE MAXWELLSC KETTLEBELL AND BODYWEIGHT TRAINING SYSTEMS. HE HAS TRAVELED ALL OVER THE COUNTRY AND ALL OVER THE WORLD TEACHING AND ASSISTING AT CLASSES AND SEMINARS ON EVERYTHING FROM GRACIE JIU-JITSU TO JOINT MOBILITY TO KETTLEBELL TRAINING TO BREATHWORK. HE WAS THE HEAD INSTRUCTOR AT THE FIGHT GYM—AN MMA GYM, BJJ SCHOOL, AND STRENGTH & CONDITIONING FACILITY LOCATED OUTSIDE CLEVELAND, OHIO—FOR OVER A DECADE.

SCOTT'S JOURNEY IN JIU-JITSU HAS BEEN DEFINED BY THE TWIN DRIVING FORCES OF INTELLECTUAL CURIOSITY AND THE RELENTLESS PURSUIT OF UNIMPEACHABLE EFFECTIVENESS. HIS TEACHING STARTS FROM THE PREMISE THAT CLARITY OF CONCEPT LEADS TO CLARITY OF ACTION, AND ACCORDINGLY HE IS DEDICATED TO HELPING HIS STUDENTS UNDERSTAND AND INTERNALIZE CLASS MATERIAL ON A DEEP LEVEL. HE HAS SPENT OVER 20 YEARS STUDYING, TRAINING IN, AND/OR TEACHING THE MARTIAL ARTS AND PHYSICAL CULTURE, AND HE IS HAPPY TO SHARE ANYTHING HE HAS LEARNED THAT IS OF USE TO OTHER STUDENTS OF THE ART.

SCOTT IS AVAILABLE FOR SEMINARS, CLASSES, AND PRIVATE LESSONS. MORE INFORMATION AND CONTACT INFORMATION IS INCLUDED IN THE FOLLOWING PAGES.

**"Scott Burr is an excellent Jiu-Jitsu teacher and practitioner. He is an expert in the Gracie Self Defense system and technical BJJ game. I fully endorse him and what he stands for. Anyone would be fortunate to have him as an instructor."—Steve Maxwell, 6th-Degree Black Belt Professor**

## WHO: SCOTT BURR

- 3rd-degree black belt in Gracie Jiu-Jitsu. I was the first person promoted to black belt by Steve Maxwell, and to date am one of only a handful of people Steve has promoted to the rank of black belt. I received my professor bars and 1st and 2nd black belt degrees from Steve Maxwell; I received my 3rd black belt degree from Master Rickson Gracie.
- 2nd-degree black belt in Judo.
- 1st-degree black belt in Kuk Sul Do.
- Level 1 and 2 MaxwellSC-certified Kettlebell instructor.
- Level 1 and 2 MaxwellSC-certified Bodyweight Training instructor.
- MaxwellSC-certified Pro Fitness Trainer.
- Assisted at Steve's seminars and/or appeared in Steve's instructional videos on kettlebell training, bodyweight training, partner training for grapplers, breathwork, joint mobility, self-defense, single-limb training, etc.
- Breatheology Fundamentals and Advanced course certified.
- Ginástica Natural Level 1 certified instructor.
- Trained in Muay Thai and western boxing.
- Competed (local, amateur) in MMA, Muay Thai, BJJ, Judo, and submission grappling.
- Head instructor at The Fight Gym, an MMA / BJJ / S&C gym outside Cleveland, Ohio, for 12 years (2007-2019).
- Co-authored Richard Bresler's memoir *Worth Defending: How Gracie Jiu-Jitsu Saved My Life*. Richard was Rorion Gracie's first student in LA, is widely recognized as the first student of BJJ in the US.
- Edited, formatted, and designed Robert Drysdale's book *Opening Closed Guard: The Origins of Jiu-Jitsu in Brazil: The Story Behind the Film*.

- Authored the training manuals *Get a Grip* and *Suspend Your Disbelief* and the martial arts, mindset, and health and fitness essay collection *Superhero Simplified*.
- Taught and / or assisted at BJJ camps & seminars all over the country and all around the world.
- Clear background check through the USJA and the JJGF.
- HeadsUp (concussion prevention and awareness) and SafeSport (prevention of sexual abuse in sport) certified.
- Private student of Master Rickson Gracie for over 6 years. Assistant in instructional videos available on Rickson.Academy.

## WHAT:

A seminar, class(es), and/or private lesson(s) covering any or all of the above. I'm happy to discuss Jiu-Jitsu for self-defense, MMA, or sport, fitness training for BJJ, mobility training for BJJ, breathing for BJJ, striking, dealing with strikers, takedowns, gi or no-gi, etc.

## COST:

Travel (gas or airfare to and from Scott's location) + accommodation (specifics to be determined on a case-by-case basis) + either:

- Guest instructor spots, where Scott teaches during regularly-scheduled class time, and where the school's students do not pay an additional fee, and private lessons, are billed at \$200/hr. Guaranteed minimum of 4 hours, in any combination of group classes and private lessons.
- Seminars where students pay an additional fee to attend have an \$800 minimum. Revenues in excess of the minimum, minus the Travel and Accommodation expenses, are split 50/50 between Scott and the host. Host to determine the cost to attendees.



## WHEN:

My schedule is flexible, and I'm always interested in traveling to new places and meeting and sharing the mats with new Jiu-Jitsu friends. Please reach out through any of the avenues provided below with your location and preferred dates, and we can figure out the logistics from there.

## REVIEWS & REFERENCES:

May be provided on request, and include practitioners, private gym / school owners (including Gracie University CTCs and JJGF affiliates), as well as luminaries of the BJJ world (including Steve Maxwell, Chris Haueter, Robert Drysdale, etc.)

## CONTACT

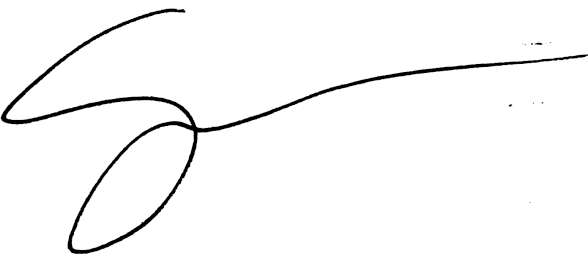
Email: [Connect@EnclaveJiuJitsu.com](mailto:Connect@EnclaveJiuJitsu.com)

Website: [www.EnclaveJiuJitsu.com](http://www.EnclaveJiuJitsu.com)

Social Media: @EnclaveJiuJitsu

BeltChecker: <https://www.beltchecker.com/profile.php?id=8961>

Thanks and best wishes,



Scott Burr

Head Instructor, Enclave Jiu-Jitsu

*"[Scott's] time, wisdom, and knowledge exceeds most blackbelts... [He is] in the top tier of instructors for sure... I can **GUARANTEE** that [training] with Scott will advance your game and understanding of this art beyond your imagination. Do it!"*

*– Prof. Chris Haueter, 6th-degree BJJ black belt and member of the BJJ Dirty Dozen*

*"I had the pleasure of meeting, rolling [with], and learning from this guy at our Sardus BJJ Academy Camp. He is a great ambassador of BJJ. Scott Burr is a great example passing the true essence of the art on to the next generation. If you are able to [train with him], do so with the understanding you are in for a special treat."*

*–Amir Joshua Palmer, Sardus BJJ*

*"Scott Burr, in my opinion, is one of the finest examples of Jiu Jitsu you can find and his teaching style is equally unique. Time on the mat with him is invaluable regardless of seminar topic."*

*– Jason Zakrajsek, 1st-Degree Black Belt Professor, Chagrin Valley Jiu-Jitsu*

*"Scott Burr is the best kept secret in North America! His teaching methods are nothing short of mind blowing."*

*–Chris Hoy, martial arts instructor, Hoy's Martial Arts*